

# Volunteer Opportunities



610 N 7th St, Springfield | Free parking available onsite

## FRONT DESK VOLUNTEER



- Assist families and visitors with any questions
- Answer the phone and door
- Receive and process donations
- Must be at least 18 years old

Contact: [springfieldvolunteers@rmhc-centralillinois.org](mailto:springfieldvolunteers@rmhc-centralillinois.org) | (217) 528-3314



Requires a weekly, bi-weekly, or monthly commitment



Requires criminal background check.



Great group opportunity

## CLEAN UP CREW



- Help with laundry of house linens
- Perform various indoor and outdoor cleaning activities
- Sort and put away donations

Contact: [springfieldvolunteers@rmhc-centralillinois.org](mailto:springfieldvolunteers@rmhc-centralillinois.org) | (217) 528-3314

## FACILITIES & MAINTENANCE



- Perform routine preventative maintenance (ex. change air filters)
- Help with gardening and grounds upkeep
- Assist facilities manager with other maintenance tasks as needed

Contact: [springfieldvolunteers@rmhc-centralillinois.org](mailto:springfieldvolunteers@rmhc-centralillinois.org) | (217) 528-3314

## MEALS FROM THE HEART HOST



- Assist groups providing dinner for RMHC families
- Familiarize groups with kitchen guidelines, organization, and cleanup

Contact: [meals@rmhc-centralillinois.org](mailto:meals@rmhc-centralillinois.org) | (217) 528-3314

## MEALS FROM THE HEART DINNER



- Provide dinner for current RMHC families
- Meals may be prepared at RMHC or catered through a commercially licensed kitchen

Contact: [meals@rmhc-centralillinois.org](mailto:meals@rmhc-centralillinois.org) | (217) 528-3314

**Want to help but unsure how? Contact us for personalized opportunities!**

\*Volunteers may be under 18. Duties are aligned with the needs of our house and families.